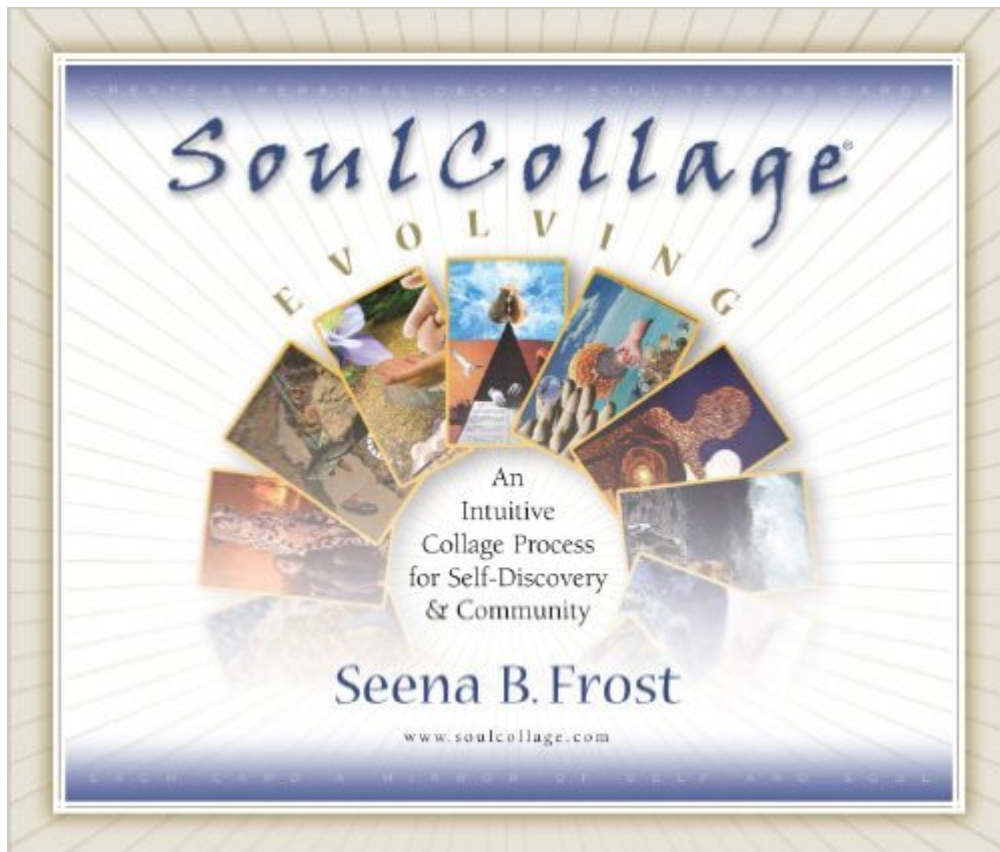


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# SoulCollage Evolving: An Intuitive Collage Process For Self-Discovery And Community



## Synopsis

SoulCollage® is an accessible collage process with practical applications that has a growing international community. It's easy to learn and it's inexpensive. Best of all, it inspires individual creativity and encourages good communication in families and groups. SoulCollage® is adaptable to many contexts and groups. Anyone can enjoy the multi-leveled, creative process. All you need is a good pair of scissors, pre-cut mat board cards, images you can find anywhere, and glue! When you have made some cards, you can consult them, asking important life questions and letting your cards speak your own intuitive wisdom back to you. SoulCollage® is fun to share with friends and in groups for personal enjoyment and self-discovery or to work with professionally, as a trained SoulCollage® Facilitator. Founder Seena B. Frost's first book ignited a worldwide interest in SoulCollage®, which invites anyone to be creative and undertake an adventure of self discovery. All you need is a good pair of scissors, pre-cut mat board cards, images you can find anywhere, and glue! After you have made some cards, you can consult them, ask important life questions and let your cards speak your own intuitive wisdom back to you. Frost's first book, SoulCollage®, now out of print, was a finalist for the Nautilus 2002 Book Awards for titles that contribute significantly to conscious living and positive social change. SoulCollage® has evolved into an international community of Facilitators and SoulCollagers enjoying and sharing this simple, yet profound process. SoulCollage® Evolving gives the basic instructions for how to make and do readings with SoulCollage® cards, and describes how individuals and groups are using this process with different age groups and in many socioeconomic, cultural, and religious contexts to discover their wisdom and change their world.

## Book Information

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## Customer Reviews

(Important to know, the product description and early two reviews are incorrect listings that continues to ignore requests by the publisher to correct.) SoulCollage: An Intuitive Collage Process for Individuals and Groups made its debut in 2001, as a newly pubescent teenager. In her third book, SoulCollage™ Evolving, Seena Frost introduces her readers to a now mature SoulCollage™ and describes its unfolding in the world at large. She takes her teachings one step further, clarifying the tools of SoulCollage™--a process so universal that it transcends the common limitations of age, income, education, confidence, talent, and personal history. SoulCollage™ is simple enough for a child, yet profound enough to change a life. What occurs when one creates a SoulCollage™ deck--i.e., trusting the process and gluing images to standardized mat board "cards," then taking a few minutes to journal from simple prompts--is that the recesses of Soul begin to emerge. Forgotten, yet often cherished, parts of you begin to matter again. Personality traits that were adopted (or adapted) to survive childhood, yet no longer serve your current life, are identified and reconfigured to fit who you are today. More importantly, SoulCollage™ creates space for who you are becoming. You now have a personal divinatory tool where you can go to for guidance, support, clarity, and comfort. The magic is that each card is your voice. Each card merely mirrors the inner wisdom that you are now able to access through your chosen images.

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